



12 Ways To Reach Your Goals

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Work with an achievement partner.

Reaching goals is easier with the synergy and support that a partner provides even if you are certain that you can reach the goal on your own.

Strategy #1 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Orient your life around the goal.

When you position the goals from being a spoke to being the hub of your life, the goal is easier to reach because it is fully supported and integrated.

Strategy #2 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Tweak the goal so that it inspires.

Is your goal merely interesting? Is it a should or could? Or even just exciting? Not really enough. Tweak the goal until it takes your breath away.

Strategy #3 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Set your goal for a lifetime.

Ask yourself: "What do I want to be true, not just for the next six months, but for rest of my life here on Earth? A lifetime creates a much larger game.

Strategy #4 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Craft a goal-including vision.

One way to reach a goal is to select a vision that is much larger than the goal. When you focus on the vision, the goal reaches itself. Simple.

Strategy #5 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Set goals that express your values.

Values-based goals are easier to achieve because the goals are expressions of what is already most important to you. Clarify values, then goals.

Strategy #6 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Eliminate delay in your life.

When you discover and eliminate procrastination, waiting, wondering, inertia and other blocks, you will find that all of your goals are reached faster.

Strategy #7 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Outsource or delegate the goal.

Who says that you have to reach your own goals? Why not cheat a bit and have someone else do the work for you. This is often a win-win. Duh.

Strategy #8 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Set intangible goals.

Often, people set tangible goals (money, lifestyle) when what they really want is to feel a certain way (free, happy, creative). Radically important.

Strategy #9 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Give up television for 90 days.

Television consumes time, diverts personal RAM, and zones you out. Turn off the TV and you will have much more time to reach your goals. Do it.

Strategy #10 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Go for a truly impossible goal.

And be comfortable that you may never achieve it. Meanwhile, you'll be reaching smaller goals all along the way - and building momentum as well.

Strategy #11 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



Increase your capabilities instead.

Which is more important: Focusing on a goal or adding capabilities and expanding capacities? The best goals can come from what you add. Hm.

Strategy #12 from "101 Ways to Reach Your Goals" by Thomas J. Leonard